

Love your space – improve your life by using Feng Shui

Do you have dreams? Goals? Wishes? Do you believe that these will simply be fulfilled by calling out to the far yonder? A little thought aimed 'up there' and all will be supplied?

I, too, believe in a power which watches over us, steers us, and supports us to fulfill our life plan. I believe, however, that only people themselves can fulfill their dreams, goals and wishes. A first step to fulfillment is simply a thought, or an image, which slowly takes shape and in time turns into reality.

In order to realize dreams, we need every bit of support we can get. From our partner, from friends, children, parents, banks and other institutions. But haven't you ever also thought about asking the rooms in which you live and work for support? Now I should perhaps put it a little more succinctly – after all, who is already communicating with their apartment or their office?

Have you ever had the feeling after moving that somehow many things simply functioned better in the old apartment? To be honest, I must say that my last move changed my whole life. I lost almost everything I'd had in coming to the conclusion that spending my life in marketing just wasn't my path. My apartment led me to Feng Shui. And in it I realized my life's dream. What dreams do you have about your life?

Living Spaces as the Base for Success

The rooms in which we live are our base. We return to them to rest and recuperate, and we spend time in them with friends and family. We dream our wishes and goals in them. From them we go out into the world, into the daily routine. Doesn't it then stand to reason to connect ourselves to our living spaces? To create well-being and to achieve abundance. Abundance in our society is equated with wealth. It is a matter of financial and social standing. And hiding behind the German expression Wohlstand (wealth), we find more literally the term WOHL-STEHEN (standing well). You can surely stand on a good base. And this is exactly what your living spaces should be.

Sometimes blockages in our living and working spaces hinder us from developing ourselves and attaining our goals. Sensitive people sense these blockages and have them cleared on a physical level. This helps, but only to an extent, because the living space stands over us. Ultimately, we live and work surrounded by four walls.

Feng Shui Connects

This is exactly where Feng Shui comes in. These ancient Asian teachings link the person and their living space and harmonize the relationship, thus producing reciprocal support. However, for Feng Shui to be sustainably effective, a certain amount of preliminary work must be carried out. This is the starting point of the Seminar in a very special place in Slovenia. Every day we devote ourselves to particular themes which will facilitate you to create an effective Feng Shui analysis of your home.

An Overview

Baggage and clutter • Discover why clutter is amassed • Recognise how clutter impedes and impedes your moving forward • Rid yourself of baggage in the mind and win back alertness • Learn techniques such as sustainably de-cluttering (physical and psychical) • Stay free!

Understand Feng Shui properly • Effective operation of Feng Shui • the most important Feng Shui principles • Vitality – Qi - recognise and channel • Yin & Yang in rooms • Constructing a Feng Shui consultation • The bagua of the eight aspirations and its influence on your life

Using Feng Shui sustainably • the energy and the cycle of the five elements • Color & Feng Shui • the landscape surrounding us • bedroom, living room, kitchen, etc. • your personal distribution of space • implementing and using the Lo Pan (Feng Shui compass) • Designating the beneficial and unfavorable sectors of rooms • Feng Shui tools - when and how to use

Connecting theory and practice: together we will apply your new Feng Shui knowledge to the floor plans of your own living spaces, so that you make your way home with your own Feng Shui consultation, and brimming with motivation and energy

Please bring with you: Colored pencils, watercolor paint set, various brushes, pencils, sketch block, floor plan of your own apartment, vellum or parchment if you wish, comfortable clothing, a lust for changing your life

Please note:

We meet each morning at 9am for a set of shared Qi Gong. The Seminar starts at 10am and lasts until 4.30pm. There are two coffee / tea breaks and a lunch break for a communal meal. The Seminar finishes on Sunday after lunch. On each of the three evenings a yoga lesson will take place, supporting us to channel our concentration on the here and now.

Seminar Program

Dates: Thursday 19. April 2012 – Sunday 22. April 2012

The Seminar begins on Thursday, 19. April 2012 at 9am.

From Thursday 19. April 2012 until Saturday 21. April 2012 our program will be as follows:

09:00 Fragrant-Qi-Gong

10:00 – 12:30 Morning session with one break

12:30 – 14:00 Lunch

14:00 – 16:30 Afternoon session with one break

17:00 – 18:00 Yoga session

19:00 Evening meal

From 8:30 pm where appropriate, discussion of topics from the Seminar.

The Seminar ends on Sunday, 22. April 2012 after our communal lunch.

Costs and Accommodation:

The 4-day Seminar, including 4 nights accommodation, full-board*, and the Qi-Gong (morning) and Yoga (evening) lessons, costs 630 €

If you do not wish to stay in the center overnight, you will only be charged for the catering**. The Seminar fee will be 490 €.

Travel to and from the Seminar is the responsibility of each participant. We will gladly assist you in planning your journey.

Early booking discount

590 €/450 € when you make your first instalment of over 150 € by 15.03.2012. Information regarding payment and bank transfers will be forwarded upon registration.

Let this week be an experience of positive energy, an experience in which we combine Feng Shui, movement and sensing energy

*Full board consists of 4 nights accommodation, and breakfast, lunch, evening meal and two breaks per day

**Catering consists of lunch and two breaks per day