

The Living Harmony Centre, Gaberje



Transformation Through Opening the Heart

Do you feel something is missing from your life? Do you feel stuck?
Do you want your life to take a different direction?
Or would you simply like to get more enjoyment out of your life?

Then look at opening your heart to the myriad of possibilities for transformation. To do this you will need to let go of the old and release blockages to make space for change to enter.

This two-day workshop developed by the experienced and inspiring Living Harmony Founders Val Bullen and Viviane Fingerhut will provide a variety of processes including meditation, creative expression (using form and colour), essence-making, sounding, to enable you to achieve your particular goal. We will also go outdoors, and, using energy and breathing exercises, experience the beautiful natural environment to awaken our senses and open our heart chakra.

This workshop is offered in the new Living Harmony Centre in Gaberje which is purposefully designed and harmonised to facilitate self-growth and spiritual development. We look forward to welcoming you there!

Date: Saturday 20th + Sunday 21st November 2010 (9.00 – 6.00)
Venue: The Harmony Centre, Glavna Ul. 42, Gaberje, 9220 Lendava, Slovenia
Cost: Workshop: £100; 3 nights' full board accommodation: £188; airport transfers: £60. (Total £348) Flights are extra. Book Ryanair Stansted-Graz (Austria) leaving Friday 19th, coming back Monday 22nd Nov.
Contact: For more details, and to book, contact Viviane Fingerhut (see below)



Special Introductory 2 for 1 offer on the Workshop Price: bring a friend and he/she saves £100!



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