



**Manifesting Your Totality
with Val Bullen and Viviane Fingerhut
at the Living Harmony Centre in Slovenia
11-15 May 2012**

★ Embrace the now

★ Let go of the old

★ Prepare for change

★ Be who you truly are

We are moving into a new epoch, where we are being required to raise our vibration, so that we can embrace it in its totality and live fully in this dimension. We are being asked to discard the cloak that was essential for our survival in this present dimension, but which will now constrain us. We have to be authentic if we want to take this step forward and express our true self. This workshop will help provide you with opportunities to achieve this goal.

As always, Val and Viviane will lead you gently, yet powerfully, through processes for you to contact your inner self and express its essence. These will include the use of crystals, sound, our Vibrant Essences, numerology, movement, circle dancing, gongs, journeying and other modalities.

The beautiful and powerful setting of the Living Harmony Centre in Slovenia provides the perfect energetic background to facilitate and support the deep changes that will be experienced.

As part of this 3-day retreat, we will be visiting local sacred sites to fully sense and appreciate the healing power of nature.

We look forward to your joining us on this beautiful journey!

Cost: Early Bird £410 when booked with £150 deposit by 10th April, or £450 thereafter (includes 4 nights' accommodation, delicious vegetarian meals, gong bath and day visits.) Airport transfers (£60) and flights (Easyjet from Gatwick to Zagreb, out on Friday 11th, back on Tuesday 15th) and one meal in a restaurant are extra.

Contact: Viviane Fingerhut, E-mail: info@livingharmony.co.uk, tel: 020 8958 1740

www.livingharmony.co.uk

E-Mail: info@livingharmony.co.uk

Tel: 0044 (0)20 8958 1740

PO Box 632, Edgware, Middlesex, HA8 4GA