



## Workshop Leaders' Biographies

### Gongmaster Rudolphus Albers



**Gongmaster Rudolphus Albers** is a talented gong player who has performed worldwide. He was born in the Netherlands and currently lives in Orgiva, Spain. His abundant experience and creative ability have led him to develop a unique style of gong playing. Rudolphus is also a Certified Sound Massage Therapist, with the Peter Hess method. He is an intuitive healer, a gifted sensitive who works with sound, sacred geometry and channels energies to heal people and the planet. Rudolphus combined his knowledge of Sacred Geometry and building, and intuitive abilities to create what is now the Living Harmony Centre near London, a sacred space for spiritual development and healing, where we had the honour to have him teach his spiritual chakra workshop, from which the Sounding the Light workshop has been developed.

**Valerie Bullen and Viviane Garbe**, founders of **Living Harmony**, set up The Living Harmony Centre in Slovenia (now just The Centre) in 2010 according to Living Harmony and Feng Shui principles, to facilitate deep shifts, transformation and regeneration. Any healing or self-development work done at the Centre in Slovenia is exponentially amplified thanks to the special heart-opening energies the Centre and its land hold.



## **Valerie Bullen**



**Valerie** was, until her recent retirement, a biomedical scientist and university lecturer, designing and delivering many courses, including the degrees in complementary therapies at the University of Westminster. Her particular interest is in psychoneuroimmunology, the scientific discipline supporting mind-body medicine. She is an inspirational and entertaining lecturer and was made a University Teaching Fellow for her excellence in teaching and learning. Val works as a medical intuitive, combining her medical knowledge and healing ability to work at the cellular and molecular level. She also designs courses and workshops for personal growth and development, using her unique ability to combine her scientific enquiring mind and spiritual wisdom to enable deep transformation in participants.

## **Viviane Garbe**



**Viviane** has over 20 years' experience of energy work and transforming people's lives. Throughout this time, she has run self-development workshops in this country and abroad, offering gentle, yet powerful processes, including healing meditation and sound healing using her voice. Viviane's life is dedicated to facilitating people's rebirth and transformation, so they can become who they truly are and achieve their optimal health and spiritual potential.